

For Immediate Release

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Child Psychology and Healthy Aging Events to be Presented by Antioch University Santa Barbara Clinical Psychology Programs

AUSB's PsyD and MA programs in Clinical Psychology will host a Healthy Child and Adolescent Psychology Workshop Series and Healthy Aging Symposium at its downtown campus this spring.

Santa Barbara, CA (February 27, 2013) – The psychological aspects of both childhood and late adulthood will be explored in depth as the Doctorate in Clinical Psychology and Master of Arts in Clinical Psychology Programs of Antioch University Santa Barbara (AUSB) present two separate events that are open to the public in March and April. Their first offering, Healthy Child and Adolescent Psychology Workshop Series, will take place over three Saturdays: March 9, March 23, and April 6, 2013. The second, a Symposium on Healthy Aging, April 19-20, 2013, is presented in conjunction with the MA in Clinical Psychology's highly regarded Healthy Aging concentration.

The Healthy Child and Adolescent Psychology Workshop Series is a rare opportunity for local therapists, parents, teachers, mental health professionals, practitioners, and students to absorb some of the most current information in the field of child and adolescent psychology, from highly esteemed, ground-breaking presenters. Anyone with an interest in this field is welcome to attend. Participants will have the chance to appreciate a range of approaches from Gestalt and forensics to multicultural frameworks and mindfulness, while sharing insights with colleagues and integrating new techniques into their work.

Highlighted speakers include revered child psychology pioneer Violet Oaklander, PhD—practitioner, trainer, and author of *Windows To Our Children: A Gestalt Therapy Approach to Children and Adolescents*—who will discuss her groundbreaking model of psychotherapy on March 9, and AUSB President Nancy Leffert, PhD, a nationally known scholar, speaker, and consultant who created the widely-used *Developmental Assets Framework* paradigm for child and adolescent development, on March 23. Both presenters will be honored for their contributions with post-workshop receptions.

In addition to Dr. Leffert, the second workshop includes a lecture on Child and Family Resilience in Forensic Context by AUSB adjunct instructor Marlene Valter, PsyD. Workshop III addresses multicultural family issues with: Salvador D. Treviño, PhD, PsyD program Director of Practicum; Rosanna Jimeno, PsyD; Denise Jaimes Villanueva, PsyD; and Al Munoz-Flores, PsyD, who oversees the MA in Clinical Psychology Program's Latino Mental Health concentration; and mindfulness for children with trauma, by adjunct faculty member Radhule Weininger, PhD, MD.

Participants may attend any or all three dates, and choose to earn up to 13 CEUs for this post-graduate certificate program, which is BBS-approved for MFTs and LCSWs. Admission is \$45 for Workshop I (March 9, 10am–2:30pm); \$75 each for Workshop II (March 23, 9am–6pm) and III (April 6, 9am–4pm); \$175 for the complete series; and \$20 each for students.

For a complete schedule, speaker bios and registration information, visit www.antiochsb.edu/hca.

The Symposium on Healthy Aging in April is open to professional therapists, family members, and anyone with an interest in the physical, social, spiritual, and psychological well-being of our elders. As baby boomers age, not only is the demand growing for trained professionals to respond to the needs of this expanding population, but more adult children are becoming caregivers. Participants will learn clinical skills and multidisciplinary perspectives on preventive, medical, wellness, holistic, and transitional approaches that support optimal life quality for themselves, aging clients, and their families.

Harry R. Moody, PhD, director of academic affairs for AARP in Washington, DC, will deliver the opening keynote: *Flourishing in Later Life: New Visions of Healthy Aging and Mental Health*, on Friday evening, April 19. Featured medical and mental health presenters are: David Lebell, MD; Stuart Light, MA, LMFT; Peter MacDougall, PhD; Albert Munoz-Flores, PsyD,; and Elizabeth Wolfson, PhD, LCSW, chair of the MA in Clinical Psychology Program.

A Panel on Multidisciplinary Perspectives on Saturday, April 20 will examine such diverse issues as independent and residential living, adult day care, family support, and meaningful end-of-life rituals. Other symposium topics include: the latest medical advances for healthy aging; clinical practitioner approaches; mind over matter for conscious aging; 21st-century grandparents; an artistic perspective on the secrets of healthy aging; and a multimedia student presentation.

The cost for this event, which includes 13 CEUs, is \$75 General Admission; \$60 for Antioch Alumni; and \$15 Students. Because space is limited, participants are encouraged to register by the April 10, 2013 deadline. For a complete schedule, speaker bios and registration details, visit www.antiochsb.edu/has.

All events will be held at AUSB campus, 602 Anacapa St., Santa Barbara CA 93101.

About AUSB

Antioch University is a bold, innovative, non-profit institution for higher education that serves more than 4,000 adult learners of all ages around the world and across the country, on its five campuses in four states. Each campus offers degree programs that meet—and often anticipate—the pressing needs of its region and the world at large. The Santa Barbara campus is particularly distinguished with its unique undergraduate degree completion program in liberal studies and graduate-level programs in clinical psychology and education that integrate students' academic instruction with experiential learning. AUSB draws

students from throughout the United States, Canada, Asia, South America, and Europe to its downtown Santa Barbara campus at 602 Anacapa Street. To learn more, visit www.antiochsb.edu. Antioch University is a nonprofit, private, 501(c)3 organization and member of the North Central Association of Colleges and Schools, accredited by the Higher Learning Commission.